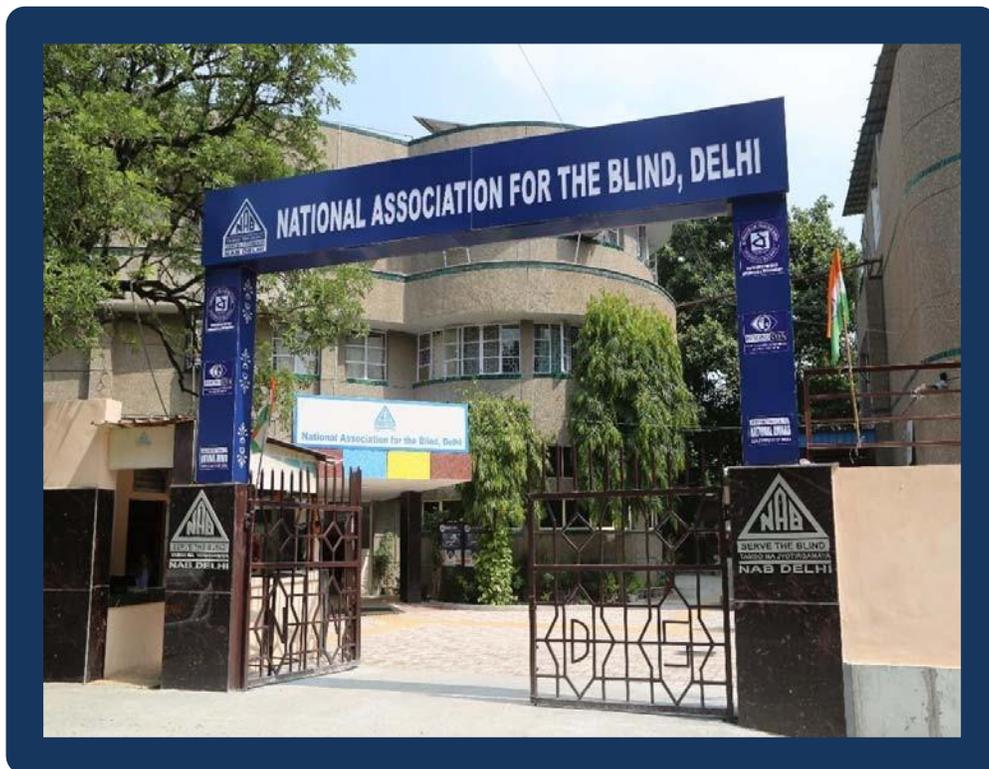




# NAB DELHI

NATIONAL ASSOCIATION FOR THE BLIND

## NEWSLETTER AUGUST 2025



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## About Us:

The National Association for the Blind (NAB), Delhi, is a non-profit organization registered under the Societies Registration Act of 1860 on April 19, 1979. Since 1986, NAB, Delhi has been operating from its locations at R.K. Puram, Dwarka and Narela at New Delhi. We work to empower individuals with visual impairments and multiple disabilities to become self-reliant and active contributors to society by offering education, technological support, accommodation, counseling, training, workshops, and awareness camps.

## Message of the Month – Kanwarpriya Khanna (Director – HR-TD, Aon)



Dear Readers,

It's an honour to be part of this journey with the **National Association of the Blind**, an organization that continues to inspire through its solid commitment to empowerment, dignity, and inclusion. This newsletter is more than a collection of updates—it's a testament to the courage, talent, and determination of individuals who are not just overcoming challenges, but redefining what's possible. These stories remind us that progress is driven by purpose, and that inclusion is not a destination—it's a daily commitment.

Representing Aon, we are proud to partner with NAB in creating inclusive opportunities. Our upcoming collaboration—a café at NAB's RK Puram campus—will empower visually impaired individuals through dignified employment and skill-building

As you read this edition, may you share the hope, pride, and urgency that drive our community. Together, let's uplift one another and shape a future where inclusion is a reality.

## Student of the Month – Prince

Prince, a **totally blind student from Bihar**, joined **NAB Delhi's Computer Diploma Course** and emerged as a top performer, securing the **highest score** in his batch.

During his training, he mastered **Microsoft Office (Word, Excel, PowerPoint)**, email management, internet browsing, and the use of **screen readers like NVDA**, making him more confident and independent. He also gained valuable **soft skills** such as communication, teamwork, and time management, which have enhanced his overall personality.



Dedicated and hardworking, Prince is determined to use his skills to build a successful career and inspire others through his journey

## Donor of the Month:

NAB Delhi sincerely thanks the **Jain International Trade Organisation (JITO)** for their generous support in furthering our mission of empowering the visually impaired through education.

## **Highlights of the Month: Independence Day Celebrations at NAB Delhi**



NAB Delhi joyfully celebrated **Independence Day** with active participation from students of the Preparatory, CMD, and IED units. The event featured flag hoisting, patriotic songs, and cultural performances, filling the atmosphere with pride, unity, and the spirit of freedom.

## **Raksha Bandhan Celebration at NAB Delhi**



This **Raksha Bandhan**, our Preparatory Unit children and CMD Unit students came together to celebrate care, trust, and togetherness. They exchanged rakhis, shared sweets, and pledged to support and uplift one another. The celebration beautifully reminded us that family is created through love and strength in unity.

## Janmashtami Celebrations at NAB Delhi



**Janmashtami** at NAB Delhi was a celebration of love, devotion, and joy. Children from the Centre for Multiple Disabilities (CMD) and the Preparatory Unit lit up the day with their vibrant performances. Dressed as Krishna and Radha, our little ones won hearts with their radiant smiles and a delightful play on Krishna's leelas, filling the campus with harmony and happiness

## Activities of the Month



On **August 4, 2025**, 21 students and 2 teachers from **The Heritage School, Vasant Kunj** visited NAB Delhi. They spent a heartwarming day with our CMD and Preparatory students, sharing stories, laughter, and fostering inclusion

The **Concentrix team** visited NAB Delhi on **August 8, 2025**, bringing warmth and enthusiasm. They interacted with students, explored our Dark Room and Sensory Zone, and gained deeper insights into the empowerment of the visually impaired.





On **13th August 2025**, a team from **InterContinental Group** visited the premises of NAB Delhi. They toured the campus, interacted with our students, and gained deeper insights into our training programs and initiatives for the visually impaired

On **7th August 2025**, **Master's students from Delhi University** visited NAB Delhi. They toured the premises, interacted with our students, and explored the Experience Zone and Dark Room.



On **25th August 2025**, our **Vice President Dr. Ashwini Agrawal** led a powerful and motivating session with our Diploma Computer Trainees on **Confidence Building**.

On **30th August 2025**, the students of NAB Delhi proudly came together to form their very own **Interact Club**. The club will give students a platform to build leadership skills, take part in community service.



- On **25th August 2025**, students of **DPS Vasant Kunj** visited NAB Delhi, explored the Dark Room and Experience Zone, and interacted with NAB students—making it a day of learning and meaningful exchange.
- On **August 5, 2025**, the girls of NAB Delhi received the **HPV vaccine** to protect against cervical cancer. The initiative, supported by **RGCIRC**, aimed at raising awareness and safeguarding the health of our students.
- On **25th August 2025**, **Prateek Jain, Joint Secretary**, and **Krishna Jain, Chief Secretary** of the **Jain International Trade Organisation (JITO)**, generously distributed **100 insulated water bottles** to the students of NAB Delhi, ensuring their comfort and well-being during the hot summer days.

# Workshop Session

## Sexual and Reproductive Health Awareness



On **21st August 2025**, NAB Delhi, in partnership with **Almawakening**, organized a workshop for 55 visually impaired girls and women (ages 11–30) on **sexual and reproductive health and overall well-being**. **Ms. Bhawna Sahay** introduced Aditi AI, NAB Delhi's accessible SRHR chatbot, **Dr. Shaista Mirza** shared insights on menstrual hygiene and bodily changes, and **Ms. Alma Chopra** motivated participants to embrace self-confidence and positivity.

## Workshop on Innovation & Financial Awareness at Chandigarh



NAB On **August 3, 2025**, NAB Delhi, along with **Positive Abilities Rotaract Club Chandigarh** and the **National Stock Exchange**, hosted a workshop at *Shayarana Café, Chandigarh*. NAB Delhi introduced its innovations – the **Shravan IVR Audio Library** and **Aditi AI Chatbot** – fostering awareness and inclusion for persons with visual impairments.

## North Regional Network Meeting 2025



On **29–30 August 2025**, NAB Delhi, with the support of Sense India, hosted the **North Regional Network Meeting**. The two-day program focused on vocational skill development as a pathway to independence for children with disabilities, while also emphasizing healthy living, balanced diets, and active routines.

## **SURKRITI MUSICAL PERFORMANCE**



<b>Bal Sahyog</b>	<b>3<sup>rd</sup> August 2025</b>
<b>DPS Noida</b>	20 <sup>th</sup> August 2025
<b>Satya Singh Auditorium</b>	23 <sup>rd</sup> August 2025

## NAB Delhi's Sparsh: Success Story – Pushpa Kadayat



Pushpa Kadayat, a young woman from South West Delhi, wasn't born deafblind. Until age 11, she could hear, see, and enjoy life like any other child. But a progressive condition gradually took away her vision and hearing, leaving her isolated, misunderstood, and struggling in school and daily life.

Her life began to change after coming to NAB Delhi, where she learned Braille, sign language, computer skills, and mobility techniques. She also gained confidence, found friends who understood her challenges, and began to live more independently.

Today, Pushpa proudly works at NAB Delhi, baking cakes and cupcakes for the NAB Café. Supported by her mother and sister Rupa—her greatest pillars of strength—she has turned barriers into opportunities and dreams of a future filled with independence, travel, and joy. Pushpa's story is a reminder that with love, support, and determination, disability does not limit dreams—it fuels strength and courage.

## Stay Connected with NAB Delhi – Just a Scan Away!



# NATIONAL ASSOCIATION FOR THE BLIND PRESENTS

## NAB SUGAMYA YATRA

*A journey of Hope, digital empowerment,  
inclusion and dignity*



### LOCATIONS ACROSS INDIA



**Sugamy Bharat App:** Access government schemes, scholarships, jobs & grievance redressal



**Shravan IVR Library:** Free access to books, newspapers & learning resources



**Aditi AI:** Easy & safe access to sexual & reproductive health information



**NAB Delhi Helpline & Sugamy Pustakalay membership:** Support, guidance & accessible knowledge



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### Get Involved!

Help us continue our mission of inclusion and empowerment. Visit our website to learn more about how you can contribute. Or follow us in social media: Facebook, LinkedIn, Instagram, Twitter

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